

SPRING ACTIVITIES



Our gorgeous and artistic Margaret arranging Mother's Day Flowers and doing very detailed Valentine artwork.

Valentine's Day

Love was definitely in the air at Farthings - plenty of hearts and decorations. Also, our topics of discussion during activity sessions were about romantic gestures. It encouraged some lovely nostalgic chatter.

SEATED EXERCISE AND MOVEMENT TO MUSIC

Our residents have an eclectic taste in music. Whatever, we play we end up dancing and having lots of songs ranging from a favorite 'Build me up buttercup (The Foundations) to 'Iron Man' (Black Sabbath) We also have Patrick a wonderful Saxophonist who entertains our residents once a month - Big thanks to him.

OUTDOORS

We're very fortunate to be able to have wonderful walks in the sunshine. Gentle strolls to village church. We are also fortunate to have our resident Garden guru (Gordon) keeping our garden in check!

Amongst other places visiting our local church for or saying hello to farm animals .





Anne after her makeover. Hair done by Donna the lovely hairdresser who visits Farthings every week.

OUR WEEKLY ACTIVITIES HAVE INCLUDED

- [Movement to Music](#)
- Darts (which is suitably competitive!)
- [Flower Arranging](#)
- Card Bingo
- [St David's Day collages](#)
- Quizzes
- [Entertainers including animal therapy and musicians](#)
- Reminiscence and nostalgia activities.
- Always listening to requests of residents too.

IF YOU HAVE ANY SUGGESTIONS FOR OUR RESIDENTS' ACTIVITIES' PLEASE CONTACT US. OUR AIM IS TO MAKE RESIDENTS HAPPY AND CONTENT ALSO TO LIVE LIFE TO THE FULL.

Also, family and friends are invited to a Coronation Party in May date to be confirmed. This will be tea Scones and something fizzy in a glass! Let's make some memories with our family and friends.

